

# **May 25 Communicator**

Medford Rogue Rotary: Chartered April 20, 1977

President Larry Hildebrandt

Bulletin Editor: Debbie Graunke: dmchargue@hotmail.com

MEETING INFORMATION: Location: Rogue Valley Country Club at 2660 Hillcrest Rd. - ballroom on

upstairs level Time: 12:10 pm

-OR-

Zoom for those Rotarians who are unable to attend the in-person meeting. The zoom link will open at 12

Join Zoom Meeting

https://us06web.zoom.us/j/83585444954?pwd=UXpBR3U0cEVGMlhTOEZMekpyMGN0dz09

Meeting ID: 835 8544 4954

Passcode: 876380 One tap mobile

+13462487799,,83585444954#,,,,\*876380# US (Houston) +17207072699,,83585444954#,,,,\*876380# US (Denver)

#### **Involved Rotarians**

Inspirational Moment: Julie Gillis Sergeant at Arms: Gene Taylor

Greeters: Paul Christy Attendance: Steve Dickson

Technology: John Van Sickle & Scott Morris

# **Upcoming Meeting Schedule**

### May 25th

Speaker: Abigail Lewis

Topic: The work of Golden Rule ReEntryGolden Rule ReEntry is a trauma-informed organization that assists formerly incarcerated

individuals to help foster connection, and personal and professional growth for those served.

**Involved Rotarian:** Steve Vincent

Meeting schedules can be found on our new website. Click Here

# **Fellowship Events:**

Saturday, June 18th - Camp DeBoer More information to follow- stay tuned

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**Rogue PowerPack Backpack Program:** You will have an opportunity to volunteer with not only our club members but members from other area clubs.

ACCESS & Rogue Powerpack Program provides backpacks full of nutritious, child-friendly food to elementary school children who are receiving free breakfast or lunch at school during the week but are lacking adequate food at home over the weekend. Backpacks are filled every Friday from 9-11 to ensure they do not go hungry while away from school. There are also options to drive and deliver prepared sacks of food to different school routes. To SignUP on dates that work best for you, click this link: https://signup.com/go/UhgfKmB.

For any questions, please contact Danette Moss at <a href="mailto:dmoss@laclinicahealth.org">dmoss@laclinicahealth.org</a>.

#### Signature fundraising event June 24-26 2022 Pickleball Tournament

Our first tournament was a great success! The steering committee is already planning our next tournament. If you would like to join in the fun, we are looking for you! Please contact Cheryl Dyer @ <a href="mailto:cherylddyer@yahoo.com">cherylddyer@yahoo.com</a> or Debbie Graunke @ <a href="mailto:dmcharque@hotmail.com">dmcharque@hotmail.com</a>.

**Board of Directors News:** Board of Directors meetings are held the 3rd Tuesday of each month at 4:30 via zoom. If you have an agenda item, please contact President Larry. The meetings are open to all club members. Contact Debbie for the meeting link or

Click here

**New Member Applicants and Sponsor Responsibilities:** The Membership Committee has revised the mentor program for new members. Instead of the committee assigning a mentor, the new member's sponsor will now be responsible for that role. Sponsor/mentor responsibilities will include assisting the new member with finding the right fit for two committee assignments, accompanying the new member to a fellowship event, and also sitting with the new member at two or more of our regular meetings in order to introduce them to fellow Rotarians. We hope that these changes will help to quickly integrate the new members into our club.

# Health News - By Ruth Rabinovitch-Food-borne Disease Mistakes

This month Ruth has provided us with 4 disease mistakes. We will feature one mistake each week. Be sure to read them all.

**#3:** Thawing or marinating food on the counter-it's a mistake because harmful germs can multiply very quickly at room temperature. The solution is to thaw it in the refrigerator, in cold water, or in the microwave. Always marinate food in the refrigerator, no matter what kind of marinade you're using.